

Supplemental Cases

Case 4. Guan Yin Citta Dharma Door Saved My Rebellious Son Caught in Bad Habits

As I write this sharing, my heart is filled with immense gratitude to Guan Yin Bodhisattva and my compassionate teacher, Master Lu! Without encountering Guan Yin Citta Dharma Door, I would still be trapped in a living hell from which I could not escape.

Before practicing Guan Yin Citta Dharma Door, my life was full of hardships. I had health issues, including lumbar disc herniation, for which the doctor recommended surgery. My child had many problems and struggled with academics, which caused me great anxiety. My husband often drank excessively, leading to arguments and destruction at home. I often wondered: "*When will this kind of life end?*" I was utterly exhausted.

Due to my illness, I sought advice from a neighbor who had recovered from a similar condition. She introduced me to the Guan Yin Citta Dharma Door, providing books, Buddhist scriptures, and blank Little Houses. She urged me to diligently recite the Buddhist scriptures.

Since coming into contact with Guan Yin Citta Dharma Door, my life has undergone a dramatic transformation. My health improved, my husband stopped drinking excessively, family disputes decreased, and, most hearteningly, my child has made remarkable progress. Below, I would like to share how I used the Three Golden Buddhist Practices of making vows, reciting Buddhist scriptures, and performing life liberation to save our family's "rebellious teenager."

From an Obedient Child to a Troubled Teenager

My son is now in eighth grade. He was intelligent and well-behaved as a child, but things took a turn for the worse in the second semester of sixth grade. His academic performance and behavior began to deteriorate.

Academically, he showed no interest in studying. His grades in subjects like Chinese, English, History, and Geography were dismal, scoring in the 50s or 60s (out of 100), placing him at the bottom of the class (approximately 45 students in a class). After school, he spent his time playing or playing basketball, spending only about half an hour on homework, like a first- or second-grader.

Behaviorally, he started borrowing small amounts of money from classmates. Initially, I repaid a few yuan for him. But by the first year of middle school, it escalated. In the second semester of seventh grade, I discovered he was stealing money from my wallet. Once, I noticed 100 yuan missing from the 200 I had. I couldn't help but wonder how many times he had stolen before without my noticing.

I confronted him gently, asking, "What did you do with the money you took? Tell Mom. I won't scold you. If it's because I haven't been giving you enough, let me know." He admitted it and explained that he used the money to buy drinks during Physical Education and sports events because the small amounts I gave him were insufficient. However, this conversation didn't bring any real change.

The situation worsened. He once stole money from his uncle while we were visiting my sister's house. Worse still, he began stealing money at school, even taking hundreds of yuan meant for class fees. The class representative, too afraid to report the theft, asked their parents for money to make up the difference. This nearly led to a police investigation.

He also started associating with detrimental peers, including a classmate who formed a gang outside of school.

There was another incident where he caused trouble at school: he jumped off a staircase. Unfortunately, a teacher happened to be passing by, and he collided with her, hitting the chest of a woman teacher in her fifties. The school has strict rules prohibiting rough play and jumping off staircases. Although the teacher's X-ray at the hospital showed "no injuries," his violation of school rules resulted in a public disciplinary notice to the entire school. Moreover, this incident was recorded as a demerit in his academic file, leaving a blemish on his record. That year, he was 13 years old—coinciding with a predestined 369 calamity.

A Turning Point: Establishing a Buddhist Altar

Faced with this dire situation, I had the good fortune to attend the Taiwan Dharma Conference in September 2013. This experience deepened my faith in Guan Yin Citta Dharma Door. Upon returning, I discussed with my husband the urgent need to set up a Buddhist altar at home and practice Buddhism diligently. I believed my son's behavior was influenced by spirits. My husband agreed, saying, "If you can help our child turn around, I will be forever grateful."

After setting up the Buddhist altar, I became even more diligent and improved significantly in my scripture recitation. Previously, I recited the *Heart Sutra* for him 7 times daily. After the altar was established, I increased it to 21 recitations of the *Heart Sutra*, 27 recitations of the *Cundi Dharani*, 27 recitations of the *Xiao Zai Ji Xiang Shen Zhou*, and 27 recitations of the *Mantra to Untie Karmic Knots* every day without missing a single day. For a period, I also recited the *Eighty-Eight Buddhas Great Repentance* for him.

As to reciting Little Houses for his karmic creditors, I made a vow to offer them in batches of 21. As soon as I completed one batch, I would start another. I also made vows for life liberation for him, sometimes vowing to release 200 fish, sometimes 500, and once even 1,000 fish. In short, I performed life liberation continuously. During each release, I prayed to Guan Yin Bodhisattva to bless him with increased wisdom, a stronger affinity with Buddhism, and better academic performance.

Before his midterm and final exams, I always performed life liberation for him and burned Little Houses for his karmic creditors, usually releasing 50 to 100 fish at a time.

Gradually, I witnessed heartwarming changes in my son. By mid-2014, the stealing stopped entirely.

Academic and Behavioral Breakthroughs

His academic performance also improved significantly. After the altar was set up, his grades started rising, and he began scoring in the 70s and 80s in previously weak subjects. By the second semester of eighth grade, he ranked fifth in his class during the midterm exams. His teachers were astonished by his progress. The teachers said, "Unbelievable, truly unbelievable!" During the parent-teacher meeting, they praised him, saying, "This child is simply extraordinary!" The teachers encouraged him to apply for the removal of disciplinary records from his school files.

Moreover, he actively participated in class activities, such as English recitation and speech competitions, often earning top marks. Recently, he scored 100 on an English quiz, impressing his teachers and peers alike.

Transformation Through Faith

I explained to my son that his progress was due to the blessings of Guan Yin Bodhisattva. I shared how I had been performing life liberation for him and offering Little Houses for his karmic creditors. I encouraged him to believe wholeheartedly in Guan Yin Bodhisattva, without any doubt, as even a trace of skepticism could hinder the efficacy of prayers.

To my delight, he began practicing Buddhism himself. Every morning, he now lights incense and recites his daily Buddhist scriptures without being reminded. His daily practice includes 3 recitations of the *Heart Sutra*, 7 recitations of the *Cundi Dharani*, and 7 recitations of the *Xiao Zai Ji Xiang Shen Zhou*, which he gradually increased over time. He also agreed to attend the Hong Kong Dharma Conference with me.

After reciting Buddhist scriptures, his level of thinking improved, which was evident in his writing. Now, every essay he writes receives an A, earning him high praise from his teachers! He wrote an essay titled *The Liberation Found Through Books*. The teacher's comment was, "Your thoughts have reached such a profound level." This is truly the wisdom bestowed upon him by the Bodhisattva!

Gratitude and Commitment

The happiness we enjoy today fills our hearts with nothing but gratitude—endless gratitude! We must thank the Greatly Merciful and Greatly Compassionate Guan Yin Bodhisattva and Master Lu for bringing such a remarkable Dharma Door to all sentient beings. The Guan Yin Citta Dharma Door is truly extraordinary and effective.

It's like a child's studies—can they achieve good grades without doing their homework? Similarly, if we don't diligently complete our daily recitations and sincerely chant Buddhist scriptures, how can we expect our prayers to be effective? If you say you don't have time to recite scriptures, surely you must have time to dwell on worries instead!

I vow to practice diligently, never quitting! I strive to be one of the hands and eyes of Guan Yin Bodhisattva, performing more merits and virtues, and transforming more sentient beings in my limited life.

Dharma practitioner: N71

Case 5. Practicing Buddhism Shielded My Family and Brought Dharma Joy as My Son Overcame Internet Addiction

In April 2021, I was fortunate to encounter the Guan Yin Citta Dharma Door. My initial intention in practicing Buddhism was to recover 3 million CNY borrowed by relatives in China. After just 20 days of reciting Buddhist scriptures, they agreed to sign an agreement, and I managed to recover about 820,000 CNY. My son, addicted to the internet, was another motivating factor in my practice. I prayed for Bodhisattva to let him overcome his addiction and improve in every way.

My son was born in Japan in 2006. When he was a month old, I took him back to China, where my mother and sister cared for him. In 2015, he returned to live with me and my husband in Japan. Back then, we used to go fishing together, and he loved cooking—cleaning fish and preparing sashimi on his own. After learning Buddhism, I realized that killing is karmically unwholesome.

Because my son didn't grow up with me, I always felt a deep sense of guilt toward him, so I tried everything to "make it up" to him. Like me, he loved shrimp and crab, so I would take him to fancy restaurants, where a single lunch could cost hundreds of Yen. When we went to the supermarket, I'd tell him, "Expensive means high quality." My husband would say, "You two are very extravagant; you're spoiling him."

My son became wasteful and careless with money, which was largely due to the way I raised him. As the saying goes, "If you can't correct yourself, how can you guide others?" So, a parent's example is essential. Sadly, I didn't

understand this at the time, nor did I appreciate its impact.

In 2020, when my son turned 13, he entered the age of predestined 369 calamity. Without school due to the COVID-19 pandemic, his internet addiction reached extreme levels. He would not part with his iPad, taking it everywhere—even to the bathroom and bed. I tried many ways to break his addiction, hiding the device and even accidentally damaging it in the washing machine. But he would buy replacements himself, including pocket WiFi. Nothing I tried could stop him.

Whenever he was hungry, he would order expensive takeout online. He also spent money recklessly, buying things impulsively. Once, I asked him to help me buy something online and logged in with his father's credit card. Over the next three months, he charged over 800,000 yen (equivalent to about \$5,000). It wasn't until his father found the account drained that we discovered what had happened. I had my son write an IOU (I owe you) and helped him pay back the 800,000 yen.

In October 2021, I made the following vows to Guan Yin Bodhisattva:

1. Recite the *Mantra to Untie Karmic Knots* 100,000 times for him within three years to resolve his internet addiction and lack of motivation in his studies.
2. Release 3,000 fish for him (completed), followed by 10,000 more.
3. Recite two sets of 21 Little Houses for his karmic creditors (completed).

By then, I was still new to practicing Buddhism and didn't fully understand the Dharma Door yet, so I didn't perform daily recitations to help him.

By 2022, I began reciting the *Heart Sutra* for him daily, increasing gradually from 7 to 27 and then 21 times a day. I also recited the *Eighty-Eight Buddhas Great Repentance* in batches of 108, completing three batches. I also recited Little Houses to ascend my aborted child, totaling over 200 sheets.

On June 11, 2023, at the Sydney Guan Yin Hall, I vowed to release 1,000 softshell turtles within two years for my son (completed). I prayed for Guan Yin Bodhisattva's blessings to help my son eliminate his karmic obstacles and attachments, improve his studies, and become more prudent with money.

On June 15, I also vowed to recite 108 Little Houses for his karmic creditors over one and a half years (12 remain). I pray to Guan Yin Bodhisattva to bless my son by helping him dissolve karmic grievances, eliminate the karmic obstacles of internet addiction, and gain wisdom. I am grateful to Guan Yin Bodhisattva for these blessings—my son has truly changed. He no longer spends money recklessly.

With my continuous vows and fulfillment, under the blessings and protection of the Buddhas and Bodhisattvas, my son is now completely different from how he was before.

Today, when he is hungry, he cooks his own meals rather than ordering expensive deliveries. His lifestyle has become more disciplined. Now, his room is dark by bedtime, and he wakes up at seven, cooks, eats, and studies independently, all a stark contrast to the late-night gaming marathons he once engaged in.

My son is now 17, and I have vowed to recite 17 Little Houses for his karmic creditors to alleviate his Tai Sui conflicts this year (completed). I also vowed to recite 10,000 times the *Xiao Zai Ji Xiang Shen Zhou* to help him overcome calamities.

Practicing Buddhism has not only transformed my son but has protected my family as well. Master Lu taught us that when one practices deeply, they bless their family; they bring peace to their loved ones. I am witnessing this truth as my son grows into a responsible, independent young man. His transformation from internet addiction to disciplined study has been incredible. I have seen firsthand the power of Buddhism, and I am profoundly grateful to Bodhisattva for these blessings.

Whenever I see others, I share this experience of reciting the *Heart Sutra* to help my son improve. Those who try it have seen progress in their own children. Helping others is helping ourselves! Practicing Buddhism means diligent effort, without worrying about the results—Dharma Protectors will guide your children.

I have done so little, yet Bodhisattva has given me so much. Practicing Buddhism is my greatest blessing in this life, and the Guan Yin Citta Dharma Door is truly effective.

I sincerely hope that more sentient beings who have an affinity with Buddha will practice Buddhism, recite Buddhist scriptures, abandon evil, cultivate good, and find happiness and relief from suffering.

Dharma practitioner: J72

Case 6. Buddhism helped My Rebellious Son Overcome Internet Addiction and Transform into a Positive, Cheerful Young Man

In the summer of 2016, I first encountered the Guan Yin Citta Dharma Door and began listening to Master Lu's recordings. I learned that humans suffer from two kinds of ailments: physical and karmic-spiritual illnesses. While physical ailments require medical attention, karmic illnesses can only be alleviated through the recitation of Buddhist scriptures. I also learned that we are either repaying debts or collecting debts in this life and that reciting scriptures can reduce karmic debt, enabling physical health, harmonious family relationships, successful careers, and obedient children. By practicing Buddhism and chanting scriptures, we can repay debts early, leaving this world peacefully without suffering. If we cultivate ourselves well, we can be guided by Guan Yin Bodhisattva to the Western Pure Land, ending the cycle of reincarnation.

Previously, I only knew how to worship in temples and did not know about scripture recitation. When I started practicing Buddhism, my son, then ten years old, joined me in chanting and practicing a vegetarian diet. He completed his daily recitation and even joined me in a friendly competition to see who could recite faster. After we started practicing Buddhism, his academic performance improved, especially after 2017, when a fellow practitioner took his photo to the Singapore Dharma Conference for blessings. For those few days, he was particularly obedient.

From the time I started reciting, I never stopped for a single day. Master Lu often reminds us that recitation is like food – it must be done daily to accumulate merits and virtues. At the beginning, many spirits demanded Little Houses, and following guidance from my dreams, I diligently recited Little Houses to repay karmic debts for myself, my husband, and my child.

In the second half of 2019, when my child entered middle school, he began taking online classes at home due to the COVID-19 pandemic, but he used the computer to play games instead of attending class, and staying up late to play. If I tried to stop him, he would become enraged, shout, swear, and throw things. Sometimes he even demanded money to purchase game devices. If I refused, he would throw a fit. He became rebellious, hot-tempered, and addicted to online games. Communication ceased, and he stopped studying, reciting Buddhist scriptures, and maintaining his vegetarian diet. Even minor irritations would trigger his anger, often leading to violent outbursts.

I deeply repent to Guan Yin Bodhisattva for not properly educating my child. Any attempt to control his gaming would provoke his rage – shouting, smashing items, or even clashing physically with his father. To curb his addiction, we tried everything, from cutting the internet to breaking phones, all to no avail. Our home turned into a battleground; our family life was shrouded in constant tension, and my relationship with my husband also deteriorated. I often had to recite Buddhist scriptures under bridges or in bookstores to avoid the toxic atmosphere at home. Even then, I would sometimes dream of spirits in those places, which frightened me out of reciting there.

Despite reciting for two years, I was not applying Buddhism in daily life. I lived in resentment and often wondered foolishly, "Why hasn't my child become obedient despite my lengthy chanting?" Master Lu has warned that such thoughts weaken the effectiveness of chanting. Yet, I kept reciting Little Houses and spreading the Dharma. My most significant mistake was engaging in conflict with my family while still practicing. I often dreamed of rotten fruit – a reminder from Bodhisattva that my practice was flawed.

Seeing my child's declining grades and worsening attitude filled me with helplessness and despair. I cried privately and consulted fellow Buddhist practitioners. Counseling psychiatrists and other forms of intervention had little effect. He even claimed he wanted to be a professional gamer, which devastated me.

Since he became addicted to video games, his gaze has changed; he looks fierce, locks himself in his room, refuses to go out, and stays up late playing. Even during the hottest days, he does not shower, and he refuses to cut his long hair, showing signs of depression (Master Lu mentioned that being overly absorbed in gaming can attract spirits and create karmic obstacles due to the violence in games). My husband noticed something was wrong, so he took him to a tourist attraction for a vacation during summer break. But as soon as we arrived there, he insisted on going home.

After consulting with a fellow practitioner, I dedicated myself to reciting *Heart Sutra* and Little Houses for his karmic creditors. At that time, I did not realize the importance of reciting Little Houses for my own aborted children, mistakenly assuming they had already been ascended. Each time I burned a Little House for his karmic creditors, he would become particularly combative. I wondered if my Little Houses were somehow ineffective.

One day, I knelt before the altar, tearfully beseeching Guan Yin Bodhisattva for clarity. Soon after, I dreamed of a past life where I whipped someone. I also dreamed of numerous children. Realizing that my aborted children had not been ascended, I vowed to recite 49 or 108 Little Houses at a time for both my son's spirits and the spirits of my aborted children. I also vowed to recite 100,000 times of *Mantras to Untie Karmic Knots* to dissolve ill-fated connections with my son, release 10,000 fish, and guide 200 people towards Buddhism, praying for Guan Yin Bodhisattva's blessing to help my son.

One night, I dreamt of two children playing on the computer at our home while my son lay on the floor, trembling from the cold. I committed to reciting 49 Little Houses specifically for these two spirits. After they were complete, I dreamed of a black-clothed figure escorting the children away, saying they had done a lot of bad things and would not return. Since then, my son has become significantly more obedient and willing to engage in household routines like bathing and grooming, bringing tears of gratitude for Guan Yin Bodhisattva's compassion.

Before my child became rebellious, I once dreamed that I lost a lower tooth. Master Lu enlightened us that losing a lower tooth in a dream might indicate a poor relationship or health issues with a younger family member. At that time, I only worried that my son might face health problems, and I didn't make any vows to resolve it, thinking it might just be a lucky escape. Little did I know that the well-behaved child I raised would come to see me as an enemy. This dream indeed foretold the strained mother-child relationship. As Buddhists, when we face calamities, Bodhisattvas often give us warnings in our dreams, so we must pay attention to these signs.

Additionally, my child frequently mentioned feeling something trying to enter his body, or that it felt like someone was pulling at his face. At the time, I thought he was just talking nonsense and didn't take it seriously. Now, I think it might have been the spirits of the aborted children affecting him.

After ascending the two spirits I dreamed of, my son's temper improved significantly, and he became more respectful in speaking with us, even smiling more often.

After seeing these changes in my son, I once told my husband, "I didn't have time to make the morning incense offering before work today. Could you please offer it to Guan Yin Bodhisattva and express your gratitude?" To my surprise, he agreed and even sent me a video of the offering. It was a huge change, considering he used to oppose my Buddhist practices, and I had initially chanted Buddhist scriptures in secret. I then suggested, "If you recite the *Great Compassion Mantra* and the *Heart Sutra* once each day for our son, he'll improve even faster." He actually asked me to send him a link to the *Buddhist Recitation Collection*. I'm grateful to Guan Yin Bodhisattva for compassionately helping my atheist, stubborn husband to embrace Buddhism.

While I performed Buddhist practices, I had 2 dreams. In the first dream, I had a dream where my son was bathing in a river, suffering as waves struck him against rocks along the shore. But once he emerged from the water, he was wearing a clean, high-necked sweater, walking and playing on his phone. This dream indicated that he still bore significant karmic obstacles, so I continued reciting Little Houses for him. In a second dream, he bathed again, removing the thick sweater and wearing just a shirt, showing that his karmic burdens were gradually lessening. Gradually, he started communicating with us more, sticking to the agreed time for games, and willingly handing over his phone. Day by day, he grew brighter and even began joining us on walks.

Through persistent vows, chanting, and transferring merits and virtues to him, one day last summer he suddenly said, "Mom, I don't want to play games anymore." Hearing those words brought me immense joy. From that moment, while he still plays games occasionally, he doesn't play as long as before and spends more time watching TV or videos instead.

My husband also stopped chanting for him when he saw these improvements. I didn't immediately share his progress publicly. This led to a slight relapse in his gaming. However, he now plays far less than before, and if we ask him to stop, he politely tells us he'll finish shortly.

I continue chanting the *Heart Sutra*, the *Mantra to Untie Karmic Knots*, and Little Houses for him.

Now, he has almost entirely stopped gaming. When his classmates invite him, he might play a round or two and then stop. For the past two weeks, he has even voluntarily handed me his phone at 10 p.m., finished his nightly routine, and gone to bed. He no longer scrolls through videos late at night.

Recently, he's become much more considerate and responsible, enjoying physical activities like biking, playing ball, and even joining his father for pull-ups and basketball. He now discusses matters calmly with us, shares his thoughts, and even offers me a bite when he buys snacks. Once, when I bought him a milk tea after evening study, he insisted that I take the first sip, saying, "Mom, try it first; it's delicious." Many kids his age wouldn't think to share like that.

In practicing Buddhism, perseverance is essential, as persistence brings results. Bodhisattvas won't interfere with our karmic retribution. When we pray, Bodhisattvas won't miraculously solve everything immediately unless our foundation is strong and we possess sufficient merits and virtues. However, if we earnestly follow Master Lu's

teachings to diligently chant, eliminate karmic debts, and perform meritorious deeds, it will undoubtedly be effective.

Finally, I'll briefly share my own changes since practicing Buddhism. Initially, I started solely to address my child's behavior, but over time, I saw remarkable improvements in my health. Lifelong migraines, chronic rhinitis, chronic pharyngitis (for which I had tried various treatments to no avail), insomnia, depression, and irritability have all been resolved. Master Lu taught that chronic rhinitis and pharyngitis often stem from minor spirits attached due to the past killing of live animals, and reciting the *Amitabha Pure Land Rebirth Mantra* helps to ascend them. Before Master Lu's teachings, I didn't understand that consuming live animals caused harm; I even believed that fresh, live sea animals were fresh and more nutritious. Unknowingly, I incurred karmic debts, and the spirits of those animals attached to me, affecting my health. Many people today suffer from illnesses because of excessive killing.

Animals are sentient beings in the Six Realms, only differing from us in appearance and speech, and there is a high chance we consume relatives from past lives when we eat animals. Thus, we should refrain from killing and adopt a vegetarian diet. Many people misunderstand Buddhism, thinking that only Buddhists must be vegetarian. However, everyone should avoid killing and eat a plant-based diet.

I hope that those who come across this testimony will consider refraining from killing, avoiding abortion, adopting a vegetarian lifestyle, and believing that Buddhism can truly change their fate. I take responsibility for my own karmic debts.

Dharma practitioner: Z73

Case 7. My Daughter Transformed from a Rebellious Adversary into a Sweet and Caring Presence

My daughter has always been bright, beautiful, and the cherished treasure of our family. From primary school, she excelled as a class leader and later became the head of the student council, developing a proud and self-assured personality. However, her pride and stubbornness often clashed with mine, particularly during her rebellious teenage years, which coincided with my menopause. According to Master Lu's teachings, our zodiac signs also conflict, adding to the tension between us. Our heated exchanges often left deep emotional scars, and I was troubled by the generational gap that seemed insurmountable. In moments of anger, I would say things like, "Talent without virtue is like poison; it's worse than mediocrity," or even scold her with harsh words. Looking back now, I realize my words may have been too sharp and hurtful.

After she went to college, she chose to study far away from home. After graduation, she married and settled in another city, showing little regard for our feelings. I used to feel abandoned by her distance and her seeming lack of concern.

We rarely contact. Once, she sent me a Mother's Day message. I just felt happy but the next line reads "Send this to your mom." It turned out to be her boyfriend preparing for it. She hadn't even looked at it and forwarded it to me. My heart grew cold. When she returned home during the holidays, I would prepare elaborate meals, only for her to complain about the flavors, oblivious to my efforts. When I listened to Master Lu's teachings, I came to understand that these were karmic debts from past lives and that family members are either here to repay or to collect debts.

I often asked myself, why was my fate so hard? Who could save me? Fortunately, I encountered Guan Yin Citta Dharma Door. Through studying Buddhism, I learned to reflect on myself. Master Lu's teachings and the *Buddhism in Plain Terms* lectures helped me become clear and open-minded.

When my daughter was a child, she endured many hardships due to my karmic debts from abortions I had undergone. At age six, she accidentally stepped into a vat of boiling oil; at nine, she developed an allergic condition that required extensive medical care. Reflecting on this, I felt a deep remorse. I decided to dedicate my practice to repaying karmic debts and ascending the souls of my aborted children.

In Master Lu's 2018 Singapore Dharma Talk, He enlightened us, "The only goal in life is to change yourself, not others. No one can change you unless you are willing." Realizing the impact of my past actions, I deeply repented before Guan Yin Bodhisattva, acknowledging my mistakes.

Every day, I diligently recited Buddhist scriptures, offered Little Houses for my aborted children and other karmic creditors, and transformed myself. Gradually, my karmic debts lifted, my life improved, and my relationship with my daughter softened. In 2021, I vowed to recite 500 chapters of *Buddhism in Plain Terms* on her behalf and transferred the merits and virtues of reading 2 chapters to her. I prayed for Guan Yin Bodhisattva to bless her with wisdom and peace.

The power of scripture is incredible! Our relationship improved; she became considerate, sharing moments of happiness with me, sending gifts, and even consulting me on her work projects. I encouraged her to recite the *Cundi Dharani*, planting the seed of Dharma in her heart, and her efforts were rewarded with success.

Last National Day, my daughter and son-in-law brought my in-laws to visit our home. Out of courtesy, I only prepared a lunch to host them on the first day. Knowing that I am vegetarian and find it inconvenient to cook meat dishes, my daughter told me not to worry about cooking. For the rest of their visit, they dined at restaurants, and each time I tried to pay, my daughter had already settled the bill in advance. She has truly grown into a considerate and thoughtful person.

She is truly filial and generous now. She buys all my daily necessities for me. From breakfast items and milk, which she varies to keep things interesting, to nuts, red dates, and vitamin supplements for balanced nutrition. Everything in the kitchen—cooking oil, salt, sauces, condiments, rice, and flour—is fully stocked without missing a thing. Even the daily groceries and snacks she buys are more than I can finish. She tells me to share what I can't use with others, so I often share it with my neighbors. She also takes care of all household essentials, including toiletries in the bathroom, and even orders fresh flowers for offering to the Bodhisattva. I don't have to spend a penny.

This year, when I was renovating my house, she was worried I might run out of money and transferred over 40,000 CNY to my account. I told her I had enough and saved the money she gave me, but she said, "Don't save it. It's for you to use. Don't be reluctant to spend it."

Packages arrive for me almost daily, and my neighbors envy me for having such a caring daughter! On holidays and my birthdays, she always sends red envelopes with her blessings. My daughter has truly become my sweet and thoughtful "little cotton-padded jacket"!

Not only is my daughter filial to me, but she is also very considerate toward her father. In the past, her father lost the family fortune and fell deeply into debt due to gambling, which led to the breakdown of our family and caused her significant emotional pain. When she got married, he didn't contribute a single cent, and over the years, their relationship remained distant.

Unexpectedly, on the eve of Father's Day this year, she took the initiative to call her father, sent him a red envelope, asked about how much debt he still had, and even told him she would send him 500 CNY a month as pocket money.

This is despite the fact that he earns nearly 200,000 CNY annually! My ex-husband was so delighted that he called me to share the news, saying our daughter had reconnected with him.

I am deeply grateful for the blessings of Guan Yin Bodhisattva! My daughter has let go of her resentment, showing her kind heart and filial nature. In doing so, she is also planting the seeds of blessings for herself.

This transformation is a blessing from the Bodhisattva. As people say, one's fortune is cultivated in past lives, but I believe my blessings came from practicing Buddhism and receiving the Bodhisattva's guidance.

Many believe that Dharma practice means sacrificing normal life, but it's the opposite—it frees you to live truly and fully. Free from troubles, jealousy, and resentment, life becomes genuinely fulfilling. Practicing Buddhism has brought me boundless joy.

Practicing Dharma is a monumental endeavor, for it changes our fate—what was once negative becomes positive, and what was good becomes even better.

I hope that my story inspires more people to embrace the profound path of Guan Yin Citta Dharma Door. The earlier we practice, the sooner we benefit, as we pave our own path to liberation.

I am responsible for my own karma, not my master or fellow practitioners.

Dharma practitioner: W74